

Sexual Purity for Guys - EFC Winter Retreat 2009 Workshop **Pastor Eddie Sun**

Break up into small groups and discuss the following questions with one another...

1. Introduce yourself to one another - school/work, family, hobbies, etc...
2. Share with one another why you decided to come to this workshop.
3. Share with one another the attitudes of your friends, co-workers, classmates, etc...

(both Christian and non-Christian) regarding their thoughts and attitudes regarding sexuality.

Read the following Bible passages and discuss with one another regarding God's thoughts and attitudes regarding sexuality...

Genesis 2:24-25

Proverbs 5:18-20

1 Corinthians 7:2-5

Hebrews 13:4

Read the following definition of "sexual purity" and discuss with one another whether you agree with it. Can you come up with your own definition? Share with one another if you could.

"You are sexually pure when no sexual gratification comes from anyone or anything but your wife." (Every Man's Battle, by Stephen Arterburn and Fred Stoeker)

Read the following Bible passages and discuss with one another regarding sexual purity and the eyes...

Matthew 5:27-28

1 John 2:16

Job 31:1

Psalm 101:3

Read the following Bible passages and discuss with one another regarding sexual purity and the heart and mind...

Matthew 15:19

1 Corinthians 10:6-8

2 Corinthians 10:5

Philippians 4:8

Romans 12:12

Mark 7:20-23

(Note the references to sexual immorality and adultery in Mark 7:21 - what do you think is the difference between the two?)

Read the following passages and discuss strategies for fighting sexual sin... (Pay special attention to the verbs in the passages and make a list of them.)

Acts 15:29

Romans 6:11-14

Romans 13:13-14

1 Corinthians 6:18

1 Corinthians 10:12

Ephesians 5:3-5

James 4:7

1 Timothy 2:22

1 John 2:14

1 Thessalonians 4:3

(Note the reference to "wrong his brother or take advantage of him" in 1 Thess. 4:6 - how is this related to sexual immorality?)

In Every Man's Battle the main strategy it proposes is called "The Three Perimeters of Defense". What do you think this strategy includes in regards to the...? What do you think about this strategy? (discuss this in your groups)

1. Eyes - *bouncing and starving* (Job 31)
2. Mind - *evaluate and capture* (2 Corinthians 10:5)
3. Heart - *honor and cherish* (Song of Songs 4:1,3,7,9-10; 7:5-6)

Discuss the following questions in your small groups...

1. At what times or under which circumstances do you find yourself most vulnerable to sexual temptations?
2. What are some other strategies besides "The Three Perimeters of Defense" that has helped you with sexual purity?
3. How can others (both male or female) in your own church help you in your struggles?
4. Do you have any (male) peers/mentors/disciplers with whom you could freely share your struggles?
5. Do you have any other questions regarding sexual purity? What are they? (please write these down)